



# Reach To Recovery®



## Support from a Survivor

I saw my doctor today.

Did you ask your questions?

Yes! Thanks for helping me with the list.

When facing breast cancer, connecting with someone who knows what you're going through can be a crucial form of support. Some challenges can only be understood by someone who has been there. The American Cancer Society Reach To Recovery® program connects you with a trained volunteer who is a breast cancer survivor. Our volunteers provide one-on-one support to help you cope with treatment, side effects, and more. With a convenient mobile app and website, you can connect and chat wherever and whenever.

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**Cancer is not just physical, it's emotional and psychological. You have moments where you wonder if your feelings, thoughts or emotions are normal. Speaking to survivors validates these feelings.**

Meagan F.,  
*Survivor & volunteer*

### FIND A MATCH



#### SIGN UP

Create a profile on [reach.cancer.org](https://reach.cancer.org) or our mobile app, **ACS Reach**.



#### MATCH

See volunteers who faced a similar diagnosis



#### CONNECT

Chat, call, or message for one-on-one support

To learn more, **visit [reach.cancer.org](https://reach.cancer.org)** or search for **ACS Reach To Recovery** on Google Play or the App Store.

**Volunteers do not provide medical advice. Reach To Recovery is a free program.**



Visit [reach.cancer.org](https://reach.cancer.org)

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